


No. CF-71/39/2024-CF-DOP
Government of India
Ministry of Communications
Department of Posts
(IR&GB Division)

Dak Bhawan, Sansad Marg,
New Delhi-110001.
Dated: 25.09.2025

OFFICE MEMORANDUM

Subject: Universal Postal Union International Letter Writing Competition for Young People 2025 -reg.

The undersigned is directed to forward herewith three entries/composition of the National level winners (1st, 2nd, 3rd) of the above said competition along-with list of all National as well as circle level winners with the request to upload the same on the India Post website.


(Himanshu Chaudhary)
ADG (IM)

To

General Manager,
Centre for Excellence in Postal Technology (CEPT),
Bengaluru, Karnataka.

List of enclosures:

1. Entries/Composition of National level winners (1st, 2nd, 3rd)
2. List of all the National/Circle level winners.

Universal Postal Union International Letter Writing Competition for Young People 2025

Universal Postal Union organizes International Letter Writing Competition for Young People every year with different themes in which students studying in schools in the age group of 9-15 years participates from countries all over the world which are members of the Universal Postal Union. International Letter Writing Competition for Young People was organized in 2025 by the Universal Postal Union on the theme **"Imagine you are the ocean. Write a letter to someone explaining why and how they should take good care of you"**. All the Union member countries participated in the said competition by organizing the competition in their countries in coordination with educational institutions. The same was organized in India by the 24 Postal Circles of the Department of Posts including Army Postal Service. Details of the Prize money and number of winners in the said competition are as follows:

National Level Winners: Three (03) National Level Winners with following prize amount:

- First Prize: Rs. 50,000/- (Rupees fifty thousand only)
- Second Prize: Rs. 25,000/- (Rupees twenty five thousand only)
- Third Prize: Rs. 10,000/- (Rupees ten thousand only)

Circle Level Winners: Three (03) Circle Level Winners in each of the Circles with the following prize amount:

- First Prize: Rs. 25,000/- (Rupees twenty five thousand only)
- Second Prize: Rs. 10,000/- (Rupees ten thousand only)
- Third Prize: Rs. 5,000/- (Rupees five thousand only)

2. In the said competition of 2025, a total of 27270 entries/compositions were received in the Circles from all over India. Circles evaluated entries of their respective Circles and sent their best three entries to Postal Directorate. The Evaluation Committee with the following Members was constituted in the Postal Directorate, New Delhi for re-evaluation of all the entries received from Circles and for final selection of National as well as Circle level winners from the entries:

- (a) Shri Vivek Kumar Daksh, DDG (PO),
- (b) Shri Nirmal Singh, DDG (VP),
- (c) Shri Himanshu Chaudhary, ADG (IM).

3. The Evaluation Committee of the Directorate declares National and Circle level winners. The best entry of the India (1st National Level Winner) i.e. entry of Ms. G. Haarathi Reddy from Andhra Pradesh Circle was sent to Universal Postal Union on 5th May, 2025 (5th May, 2025 is a crucial date for sending entry to Universal Postal Union) for competing at the International level.
4. It has been decided by the Competent Authority to upload the entries of National Level Winners (1st, 2nd and 3rd) along-with list of all National as well as Circle level winners of the competition 2025 on the India Post website for a period till 31st October, 2026.

सीएफ-71/39/2024-सीएफ-डीओपी

भारत सरकार

संचार मंत्रालय

डाक विभाग

(आईआर एण्ड जीबी डिवीज़न)

डाक भवन, संसद मार्ग,

नई दिल्ली-110001,

दिनांक: 25.09.2025

कार्यालय ज्ञापन

विषय: बालक/बालिकाओं के लिए यूपीयू अंतर्राष्ट्रीय पत्र लेखन प्रतियोगिता, 2025

अधोहस्ताक्षरी को निर्देश दिया जाता है कि वह उक्त प्रतियोगिता के राष्ट्रीय स्तर के विजेताओं (प्रथम, दूसरे, तीसरे) की तीन प्रविष्टियां/संरचना को सभी राष्ट्रीय और मंडल स्तर के विजेताओं की सूची के साथ इंडिया पोस्ट वेबसाइट पर अपलोड करने के अनुरोध के साथ अग्रोषित करें।



(हिमांशु चौधरी)

एडीजी (आईएम)

सेवा में,

महाप्रबंधक,

डाक प्रौद्योगिकी उत्कृष्टता केंद्र,

बेंगलुरु.

संलग्नकों की सूची:-

1. राष्ट्रीय स्तर के विजेताओं की प्रविष्टियां/संरचना (प्रथम, दूसरी, तीसरी)।
2. सभी राष्ट्रीय/मंडल स्तर के विजेताओं की सूची।

युवकों के लिए यूनिवर्सल पोस्टल यूनियन इंटरनेशनल लेटर राइटिंग प्रतियोगिता 2025

यूनिवर्सल पोस्टल यूनियन हर साल युवाओं के लिए विभिन्न विषयों के साथ अंतरराष्ट्रीय पत्र लेखन प्रतियोगिता का आयोजन करता है जिसमें 9-15 वर्ष के आयु वर्ग के स्कूलों में पढ़ने वाले छात्र दुनिया भर के देशों से भाग लेते हैं जो यूनिवर्सल पोस्टल यूनियन के सदस्य हैं। युवा लोगों के लिए अंतरराष्ट्रीय पत्र लेखन प्रतियोगिता 2025 में यूनिवर्सल पोस्टल यूनियन द्वारा →**कल्पना करें कि आप समुद्र हैं। किसी को यह समझाने के लिए एक पत्र लिखें कि उन्हें आपकी अच्छी देखभाल क्यों करनी चाहिए।**→ विषय पर आयोजित की गई थी। सभी संघ सदस्य देशों ने शैक्षिक संस्थानों के समन्वय से अपने देशों में प्रतिस्पर्धा का आयोजन करके उक्त प्रतियोगिता में भाग लिया। इसे भारत में सेना डाक सेवा सहित डाक विभाग के 24 डाक मंडलों द्वारा आयोजित किया गया था। उक्त प्रतियोगिता में पुरस्कार राशि और विजेताओं की संख्या का विवरण इस प्रकार है:

राष्ट्रीय स्तर के विजेता: निम्नलिखित पुरस्कार राशि के साथ तीन (03) राष्ट्रीय स्तर के विजेता:

- प्रथम पुरस्कार: रु. 50,000/- (पचास हजार रुपए मात्र)
- दूसरा पुरस्कार: रु. 25,000/- (पच्चीस हजार रुपए मात्र)
- तृतीय पुरस्कार: रु. 10,000/- (रुपए दस हजार मात्र)

सर्किल स्तर के विजेता: निम्नलिखित पुरस्कार राशि के साथ प्रत्येक मंडल में तीन (03) सर्किल स्तर के विजेता:

- प्रथम पुरस्कार: रु. 25,000/- (पच्चीस हजार रुपए मात्र)
- दूसरा पुरस्कार: रु. 10,000/- (रुपए दस हजार मात्र)
- तृतीय पुरस्कार: रु. 5,000/- (पांच हजार रुपए मात्र)

2. 2025 की उक्त प्रतियोगिता में, पूरे भारत से मंडलों में कुल 27270 प्रविष्टियां/रचनाएँ प्राप्त हुईं। मंडलों ने अपने संबंधित मंडलों की प्रविष्टियों का मूल्यांकन किया और अपनी सर्वश्रेष्ठ तीन प्रविष्टियों को डाक निदेशालय को भेजा। मंडलों से प्राप्त सभी प्रविष्टियों के पुनर्मूल्यांकन और प्रविष्टियों से राष्ट्रीय और मंडल स्तर के विजेताओं के अंतिम चयन के लिए डाक निदेशालय, नई दिल्ली में निम्नलिखित सदस्यों के साथ मूल्यांकन समिति का गठन किया गया था:

- I. श्री विवेक कुमार दक्ष, डीडीजी (पीओ) ,
- II. श्री निर्मल सिंह, डीडीजी (वीपी),
- III. श्री हिमांशु चौधरी, एडीजी (आईएम)

3. निदेशालय की मूल्यांकन समिति राष्ट्रीय और मंडल स्तर के विजेताओं की घोषणा करती है। भारत का सर्वश्रेष्ठ प्रवेश (प्रथम राष्ट्रीय स्तर का विजेता) अर्थात आंध्र प्रदेश सर्किल से सुश्री जी. हारथी रेड्डी का प्रवेश अंतर्राष्ट्रीय स्तर पर प्रतिस्पर्धा के लिए यूनिवर्सल पोस्टल यूनियन को 5 मई, 2025 (5 मई, 2025 यूनिवर्सल पोस्टल यूनियन में प्रवेश भेजने के लिए एक महत्वपूर्ण तारीख है) को भेजा गया था।

4. सक्षम प्राधिकारी द्वारा यह निर्णय लिया गया है कि प्रतियोगिता 2025 के सभी राष्ट्रीय और मंडल स्तर के विजेताओं की सूची के साथ राष्ट्रीय स्तर के विजेताओं (प्रथम, द्वितीय और 3rd) की प्रविष्टियों को इंडिया पोस्ट की वेबसाइट पर 31 अक्टूबर 2026 तक की अवधि के लिए अपलोड किया जाए।

List of 2025 UPU International Letter Writing Competition winners

1. Winners (1st, 2nd and 3rd) at National Level:

Circle	In English Language					हिंदी भाषा मे				
	Prize	Name of Winner	Father's/Guardian's Name	Name of School	Level	पुरस्कार	विजेता का नाम	पिता/अभिभावक का नाम	स्कूल का नाम	स्तर
Andhra Pradesh	First	G. Haarathi Reddy	G. Karimulla Reddy	Ratnam English Medium High School	National	प्रथम	जी. हारथी रेड्डी	जी. करीमुल्ला रेड्डी	रत्नम इंग्लिश मीडियम हाई स्कूल	राष्ट्रीय
Chhattisgarh	Second	Phalguni Rathore	Shriniwas Rathore	Kendriya Vidyalaya no. 2 NTPC, Korba	National	द्वितीय	फाल्गुनी राठौड़	श्रीनिवास राठौड़	केन्द्रीय विद्यालय क्र. २ एन टी पी सी, कोरबा	राष्ट्रीय
Uttarakhand	Third	Ananya Rajput	Ankur Rajput	Adarsh Bal Niketan Senior Secondary School, Roorkee	National	तृतीय	अनन्या राजपूत	अंकुर राजपूत	आदर्श बाल निकेतन सीनियर सेकेंडरी स्कूल, रूड़की	राष्ट्रीय

2. Winners (1st, 2nd and 3rd) in each Postal Circles:

Circle	In English Language					हिंदी भाषा मे				
	Prize	Name of Winner	Father's/Guardian's Name	Name of School	Level	पुरस्कार	विजेता का नाम	पिता/अभिभावक का नाम	स्कूल का नाम	स्तर
Andhra Pradesh	First	G. Haarathi Reddy	G. Karimulla Reddy	Ratnam English Medium High	Circle	प्रथम	जी. हारथी	जी. करीमुल्ला	रत्नम इंग्लिश मीडियम हाई	परिमंडल

				School			रेड्डी	रेड्डी	स्कूल	
	Second	Ghattamaneni Sahasra	Ghattamaneni Rambabu	B. R. Oxford English Medium High School	Circle	द्वितीय	घट्टामानेनी सहस्रा	घट्टामानेनी रामबाबू	बी. आर. ऑक्सफोर्ड इंग्लिश मीडियम हाई स्कूल	परिमंडल
	Third	Dudekula Naga Swetha	D. Dasthagiri	Good Shepherd English Medium High School	Circle	तृतीय	दुदेकुला नागा स्वेता	डी. दस्तागिरी	गुड शेफर्ड इंग्लिश मीडियम हाई स्कूल	परिमंडल
Chhattisgarh	First	Phalguni Rathore	Shriniwas Rathore	Kendriya Vidyalaya no. 2 NTPC, Korba	Circle	प्रथम	फाल्गुनी राठौड़	श्रीनिवास राठौड़	केन्द्रीय विद्यालय क्र. २ एन टी पी सी, कोरबा	परिमंडल
	Second	Lakeshwari Parmar	Shatrughan Parmar	Swami Atmanand Govt. Utkrisht Hindi Medium School	Circle	द्वितीय	लकेश्वरी परमार	शत्रुघ्न परमार	स्वामी आत्मानंद शासकीय उत्कृष्ट हिंदी माध्यम विद्यालय	परिमंडल
	Third	Shaurya Sahu	Harish Kumar Sahu	Bal Bharti Public School, NTPC Sipat, Bilaspur	Circle	तृतीय	शौर्य साहू	हरीश कुमार साहू	बाल भारती पब्लिक स्कूल, एन टी पी सी सीपत, बिलासपुर	परिमंडल
Delhi	First	Jhanvi Yadav	Satish Kumar Yadav	Air Force Bal Bharati School	Circle	प्रथम	जहान्वी यादव	सतीश कुमार यादव	एयर फोर्स बाल भारती स्कूल	परिमंडल
	Second	Medha Gupta	Rajeev Rana	Bal Bharati Public School	Circle	द्वितीय	मेधा गुप्ता	राजीव राणा	बाल भारती पब्लिक स्कूल	परिमंडल
	Third	Garima Rawat	Hemant Singh	Green Fields	Circle	तृतीय	गरिमा	हेमंत सिंह	ग्रीन फ़ील्ड्स	परिमंडल

			Rawat	School			रावत	रावत	स्कूल	
Gujarat	First	Pranjal Agarwal	Pankaj Kumar Agarwal	Home-Schooled	Circle	प्रथम	प्रांजल अग्रवाल	पंकज कुमार अग्रवाल	गृह - विद्यालय	परिमंडल
	Second	Sonal R Der	Der Rohit	Air Force School, Jamnagar	Circle	द्वितीय	सोनल आर देर	देर रोहित	एयर फोर्स स्कूल, जामनगर	परिमंडल
	Third	Vishwaba Ajaysinh Vaghela	Ajaysinh Parvimsinh Vaghela	The H. B. Kapadia Prathmik Shala	Circle	तृतीय	विश्वाबा अजयसिंह वाघेला	अजयसिंह प्रविणसिंह वाघेला	दी एच. बी. कापडिया प्राथमिक शाला	परिमंडल
Haryana	First	Nainsi Dkeriya	Rajkumar	Drona Public School	Circle	प्रथम	नैनसी डेकरिया	राजकुमार	द्रोण पब्लिक स्कूल	परिमंडल
	Second	Sanskriti Singh	Rahul Kumar	St. Columbus School	Circle	द्वितीय	संस्कृति सिंह	राहुल कुमार	सेंट कोलंबस स्कूल	परिमंडल
	Third	Dharuv	Rajbir	Vaish Model Sr. Sec. School	Circle	तृतीय	ध्रुव	राजबीर	वैश्य मॉडल सीनियर सेकेंडरी स्कूल	परिमंडल
Himachal Pradesh	First	Raghav Sood	Manish	Rainbow International School	Circle	प्रथम	राघव सूद	मनीष	रेनबो इंटरनेशनल स्कूल	परिमंडल
	Second	Siya Bansal	Rupender Bansal	MRA DAV Public School	Circle	द्वितीय	सिया बंसल	रुपेन्द्र बंसल	एम आर ए डी ए वी पब्लिक स्कूल	परिमंडल
	Third	Anshika Dhiman	Vinod Dhiman	Aadhunik Public School	Circle	तृतीय	अंशिका धीमान	विनोद धीमान	आधुनिक पब्लिक स्कूल	परिमंडल
Jharkhand	First	Anjali Kumari	Ram Swarath Kumar	Shree Ayyappa Public School,	Circle	प्रथम	अंजली कुमारी	राम स्वराथ कुमार	श्री अयप्पा	परिमंडल

				B.S. City, Bokaro					पब्लिक स्कूल, बोकारो स्टील सिटी, बोकारो	
	Second	Aan Sahay	Ashish Sahay	Chinmaya Vidyalaya, Sec- 05, B.S. City, Bokaro	Circle	द्वितीय	आन सहाय	आशीष सहाय	चिन्मय विद्यालय, सेक्टर-05 बोकारो स्टील सिटी, बोकारो	परिमंडल
	Third	Nishasya Raj	Mithilesh Kumar Rajwar	Chinmaya Vidyalaya, Sec- 05, B.S. City, Bokaro	Circle	तृतीय	निशस्य राज	मिथिलेश कुमार रजवार	चिन्मय विद्यालय, सेक्टर-05 बोकारो स्टील सिटी, बोकारो	परिमंडल
Jammu & Kashmir	First	Vibhuti Sharma	Anil Sharma	Jammu Sanskriti School	Circle	प्रथम	विभूति शर्मा	अनिल शर्मा	संस्कृति स्कूल कठुआ जम्मू	परिमंडल
	Second	Pragya	Shiv Kumar	Kendriya Vidyalaya no.2, Udhampur	Circle	द्वितीय	प्रज्ञा	शिव कुमार	केन्द्रीय विद्यालय क्र. २ उधमपुर	परिमंडल
	Third	Sidra Hamdani	Wajahat Nazir	Woodlands House School Shivpora Srinagar	Circle	तृतीय	सिद्रा हमदानी	वज़ाहत नज़ीर	वुडलैंड्स हाउस स्कूल शिवपोरा श्रीनगर	परिमंडल
Karnataka	First	Tanmayee R Kashyap	Vidya D Bhat	Shri Marikamba Govt. High School	Circle	प्रथम	तन्मयी आर कश्यप	विद्या डी भट्ट	श्री मारीकांबा गवर्नमेंट हाई स्कूल	परिमंडल
	Second	Antra Rana	Ankur Rana	Kendriya Vidyalaya ASC Centre,	Circle	द्वितीय	अंतरा राणा	अंकुर राणा	केन्द्रीय विद्यालय ए एस सी सेंटर,	परिमंडल

Maharashtra	First	Prachi Rajendra Parasram	Rajendra Jayram Parasram	Shri Madhavrao Bhagwat High School	Circle	प्रथम	प्राची राजेंद्र परसराम	राजेंद्र जयराम परसराम	श्री माधवराव भागवत हाई स्कूल	परिमंडल
	Second	Ketan Girish Patil	Girish Patil	A. T. Zambare Madhyamik Vidyalaya	Circle	द्वितीय	केतन गिरीश पाटील	गिरीश पाटील	ए. टी. झांबरे माध्यमिक विद्यालय	परिमंडल
	Third	Sara Sandeep Parab	Sandeep Pundalik Parab	Mary Immaculate Girls' High School	Circle	तृतीय	सारा संदिप परब	संदिप पुंडलिक परब	मैरी इमैक्युलेट गर्ल्स हाई स्कूल	परिमंडल
North-East	First	Dibyangana Deb	Jibananda Deb	Kendriya Vidyalaya, Ambassa	Circle	प्रथम	दिब्यांगना देब	जिबनंदा देब	केन्द्रीय विद्यालय, आमबासा	परिमंडल
	Second	Nelis Chingakham	Chingakham Somorjit Singh	Nirmalabas High School	Circle	द्वितीय	नेलिस चिंगाखाम	चिंगाखाम सोमोर्जित सिंह	निर्मलाबास हाई स्कूल	परिमंडल
	Third	Hrithika Bhattacharjee	Sanjoy Bhattacharjee	Bhavan's Tripura Vidyamandir	Circle	तृतीय	हृतिका भट्टाचारजी	संजोय भट्टाचारजी	भवन्स त्रिपुरा विद्यामंदिर	परिमंडल
Odisha	First	Krishnendu Raul	Sanjay Kumar Raul	PM Shri Kendriya Vidyalaya no.2, CRPF Campus, Bhubaneswar	Circle	प्रथम	कृष्णेंद्र राउल	संजय कुमार राउल	पी एम श्री केन्द्रीय विद्यालय क्र. २, सी आर पी एक कैंपस, भुवनेश्वर	परिमंडल
	Second	Reet Nayak	Bimalesh Nayak	DAV Public School, Pokhariput, Bhubaneswar	Circle	द्वितीय	रीत नायक	बिमलेश नायक	डी ए वी पब्लिक स्कूल, पोखरीपुट, भुवनेश्वर	परिमंडल

	Third	S. Sanjushree Patra	S. Sanjay Kumar Patra	PM Shri Kendriya Vidyalaya, INS Chilka	Circle	तृतीय	एस. संजुश्री पात्र	एस. संजय कुमार पात्र	पी एम श्री केन्द्रीय विद्यालय, आई एन एस चिलका	परिमंडल
Punjab	First	R. Arun Madhav	P. Ravimaran	RBDVA Sr. Sec. Public School	Circle	प्रथम	आर. अरुण माधव	पी. रविमरान	आर बी डी ए वी सीनियर सेकेंडरी पब्लिक स्कूल	परिमंडल
	Second	Paavni Sohal	Jaspreet Singh	Swami Ram Tirtha Smart School	Circle	द्वितीय	पावनी सोहल	जसप्रीत सिंह	स्वामी राम तीर्थ स्मार्ट स्कूल	परिमंडल
	Third	Pallavi	Raj Kumar	Swami Ram Tirtha Smart School	Circle	तृतीय	पल्लवी	राज कुमार	स्वामी राम तीर्थ स्मार्ट स्कूल	परिमंडल
Rajasthan	First	Daksha Rajput	Naresh Kumar	PM Shri Kendriya Vidyalaya No. 1, AFS, Suratgarh	Circle	प्रथम	दक्षा राजपूत	नरेश कुमार	पी एम श्री केन्द्रीय विद्यालय क्र. १, वायु सेना स्थल, सूरतगढ़	परिमंडल
	Second	Ishan Ketan	Neeraj Khetan	Sanskar School, Jaipur	Circle	द्वितीय	ईशान खेतन	नीरज खेतन	संस्कार स्कूल जयपुर	परिमंडल
	Third	Jigyasa Jodha	Dharmveer Singh	Mahatma Gandhi Govt. English Medium School, Srimadhapur	Circle	तृतीय	जिज्ञासा जोधा	धर्मवीर सिंह	महात्मा गाँधी गवर्नमेंट इंम्लिश मीडियम स्कूल, श्रीमाधोपुर	परिमंडल
Tamil Nadu	First	A. Anisha	S. Arun Kumar	Government Higher Sec.	Circle	प्रथम	ए. अनीशा	एस. अरुण कुमार	गवर्नमेंट हायर सेकेंडरी स्कूल	परिमंडल

Uttar Pradesh	First	Rajvi Dixit	Shyamla Kant Dixit	Delhi Public School Barra Kanpur	Circle	प्रथम	राजवी दीक्षित	श्यामला कांत दीक्षित	दिल्ली पब्लिक स्कूल बर्रा कानपुर	परिमंडल
	Second	Ananya Singh	Devendra Singh	Delhi Public School Barra Kanpur	Circle	द्वितीय	अनन्या सिंह	देवेंद्र सिंह	दिल्ली पब्लिक स्कूल बर्रा कानपुर	परिमंडल
	Third	Aradhya Gupta	Manish Gupta	B.N.S.D. Shiksha Niketan Balika Inter College	Circle	तृतीय	आराध्या गुप्ता	मनीष गुप्ता	बी.एन.एस.डी. शिक्षा निकेतन बालिका इंटर कॉलेज	परिमंडल
West Bengal	First	Aritra Kundu	Santimoy Kundu	Kamalpur Netaji High School	Circle	प्रथम	अरित्र कुण्डु	शान्तिमय कुण्डु	कमालपुर नेताजी हाई स्कूल	परिमंडल
	Second	Shaan Mukherjee	Pintu Mukherjee	DAV Model School, KSTP, Asansol	Circle	द्वितीय	शान मुखर्जी	पिंटू मुखर्जी	डी. ए. वी. मॉडल स्कूल, के. एस. टी. पी. आसनसोल	परिमंडल
	Third	Anurag Patra	Biswajit Patra	St. Michael's School	Circle	तृतीय	अनुराग पात्र	विश्वजीत पात्र	सेंट माइकल्स स्कूल	परिमंडल
Army Postal Service	First	Falak Rahangdale	Mangal Rahangdale	Army Public School, Pune	Circle	प्रथम	फलक राहंगडाले	मंगल राहंगडाले	आर्मी पब्लिक स्कूल, पुणे	परिमंडल
	Second	Aditya Kumar Dubey	Kishor Kumar Dubey	Army Public School, Dhaula Kuan, Delhi Cantt	Circle	द्वितीय	आदित्य कुमार दुबे	किशोर कुमार दुबे	आर्मी पब्लिक स्कूल, धौला कुआँ	परिमंडल
	Third	Arnav Choudhary	Raunak Singh	Army Public School, Panchkula	Circle	तृतीय	अर्णव चौधरी	रौनक सिंह	आर्मी पब्लिक स्कूल, पंचकुला	परिमंडल

APPLICATION FORM FOR INTERNATIONAL LETTER
WRITING COMPETITION FOR YOUNG PEOPLE, 2025
(to be submitted in duplicate)

97.50
28
26.50
25
no
17/4/25



Head Master
RATNAM EM HIGH SCHOOL
Rithvic Enclave,
Gayatri Nagar, NELLORE.

1. NAME OF THE COMPETITION : 2025 INTERNATIONAL LETTER
WRITING COMPETITION FOR
YOUNG PEOPLE
2. FULL NAME OF THE PARTICIPANT : G. HAARATHI REDDY
3. FATHER'S/GUARDIAN'S NAME : G. KARIMULLA REDDY
4. FULL ADDRESS FOR CORRESPONDENCE : 25/1/6aa , B-BLOCK , 4th STREET,
VENGALA RAO NAGAR , DYCUS ROAD,
NELLORE , ANDHRA PRADESH - 524004
5. NAME OF THE SCHOOL/INSTITUTION : RATNAM ENGLISH MEDIUM HIGH SCHOOL
WHERE STUDYING WITH FULL ADDRESS (TNS) , RITWIK ENCLAVE , NELLORE ,
ANDHRA PRADESH - 524004
6. AGE WITH EXACT DATE OF BIRTH TO :
BE CERTIFIED BY THE HEAD OF THE :
EDUCATIONAL INSTITUTION :
(The crucial date for considering :
15 years of age is 31.03.2025 :
29-JULY-2011 / AGE : 14
7. SEX : FEMALE
8. CENTRE / VENUE : O/o the Supdt. of Post Offices,
Upstairs of Nellore Head Post Office,
Achari Street, Nellore 524 001

G. Haarathi Reddy
SIGNATURE OF THE CANDIDATE

:-For office use only:-

Hall Permit No: NLR/ UPU LWC/ 70 /2025

Supdt of Pos: Offices,
Nellore Division, Nellore - 524 001

A

9 + 2 = 10

Letter

from the

Ocean

International letter
Writing Competition

2024-2025

G. Haarathi Reddy,

VIII

10



Universal Postal Union Letter Writing Competition-2025

Name of the Candidate: G. Haarathi Reddy Gundala

Hall Ticket No: 70

School Name: Patnam english medium high school

Class: VIII

"Imagine You are a Ocean. Write a letter to someone explaining why and how they should take good care of you".

Nellore,

16-02-2025.

Dear Haru,

I am the vast and mysterious entity that covers over the 70% of your earth surface. Today I am writing to you because I sense that you have a curious heart and willingness to listen. I have been watching you from the depth of my water and I believe that you have the power to make difference.

Letters convey a sense of intimacy and personal connection and perso which I want to establish with you. My letter was a message in a bottle that casts into the digital sea, finding its way to your shores. By writing a letter to someone like you, I hope to create a sense of connection and urgency among all the people living on the land, inspiring them to protect and conserve me and making them the guardian of the ocean.

I am the ocean. I am the lifeblood of the earth. I am the heartbeat of your planet, the keeper of secrets, and the witness of the history. I am the wave that crash against the shores, the tides that rise and fall and the currents that flow through my depth.

I am the large body of salt water. My basins are composed of seafloors and all its geological features like Mountains, Valleys, trenches etc. I am home for the countless creatures from the tiny plankton to the big massive blue whales. My shipwrecks are the home for Animals and treasures are the underwater mountains. My waves whisper secrets to the winds and those who listen just like you.

I produce half of the oxygen you breathe and I am the sink for quarter of the carbon you release. I myself works in such a manner that I absorb 93% of the sun's harmful rays and protect you from the vast impacts. I absorb your planets increasing CO₂ emission and forms carbonic acid which then forms bicarbonate and hydrogen ions. I am the witness of your history. I myself saw the rise and fall of civilisations.

I am the source of life. The half of the oxygen you breathe that have been produced from my ocean dwelling organisms. I make your planet habitable. The Earliest evidence as you know that the life has started from my ancient marine organisms. The species you found on the ocean have been evolved from my aquatic organisms this made the accumulation of life from the water to thrive on the land.

Over 80% of me remains unexplored. you guys have not even visited half of your planet which may hold some life saving secrets. I want you guys to explore me, to know more about me and its my dream.

Will you make my dream true, Haru? I am the ocean and I want to be discovered.

But Haru, I have been wounded. yet, I ^{am} fragile the delicate balance of my ecosystem, had been darked by your human activities. My water has been polluted by plastics, chemicals and many other wastes. Every year, 8.8 million tons of plastic makes their way into my water, endangering over 100 species of animals that spent their day swimming in the seas of plastic, and becoming entangled with the plastic debris. My waves ones whisper secrets to the winds have been silenced under the cacophony of your human noise. My tides of shores that wild and peaceful have been abounded by the development and of concrete and steels of your humans.

I want the harmony which once shared when my water is persistine and my beneath is pure. Protecting me is not an moral obligation, it is responsibility that you humans should carry. But it's not too late, Haru. you can still choose to protect me, you can still feel my pulse, feel my plea and hear my * voice. Let's come together and create a tidal wave that across all the globe.

I am the ocean and I need your help.

I am writing to you, I want you to take plunge and join me to fight against the harms that pollute my environment. I am the ocean and I need your help. I need your voice, your actions and your passion. I am to live and enjoys the journey.

Come together to save me, my inhabitants and my dependents.

of course, my sea levels are rising, threatening coastal cities and the communities that call to me home are on the verge of extinction and this is because of "you, humans".

Come together to fight against this by

Three "R" Technique

⇒ Reduce, Reuse and Renew :- Reduce emissions, Reuse plastic and Renew with Renewables.

⇒ Raise awareness among all the people to fight against the pollution over ocean.

⇒ Encourage school and educational institutions to protect me and ad ocean conservation and sustainability in their curriculum.

⇒ Save water, stop using plastic and check for optional uses.

⇒ Encourage institutions like "IMO", "UNESCO" which focus on the ecosystem's conservations.

⇒ Mitigate weather conditions, use rain water harvesting method on the yainy season.

Haru, I hope you understand my letter. Will you be my Advocate? My guardian? My partner? and My Ali? and protect me from the impacts caused by your humans. I hope so...

To,
Haru,
A girl who loves the ocean.

from your depth
The ocean.

P.S. Remember haru, as you stand on the shores of your earth

Dear inhabitants,
Earth

Dear human,

I am the vast, mighty, and ever-changing ocean. You call me by different names - Pacific, Atlantic, Indian, Arctic - but in truth, I am one, an endless expanse of life, mystery and beauty. For centuries, I have been your provider, protector, and sustainer, offering food, water and the very air you breathe. My waves dance with the winds, my tides move with the moon, and my depths hide creatures beyond your imagination. Yet, despite all that I have given, I am now crying for help.

I am suffocating under the weight of plastic waste, toxic chemicals and oil spills. My waters, once crystal clear, now carry the scars of pollution. My creatures - majestic whales, playful dolphins, and vibrant coral reefs - are suffering. Some have vanished forever, their voices silenced by your negligence. The balance of life within me is crumbling, and if I fall, so too will you.

The Problems I face :-

1. Plastic Pollution :

Every year, millions of tons of plastic find their way into my waters. These plastics break into microplastics, which enter the bodies of marine life - and ultimately, yours.

Overfishing and destruction of marine life :

My fish populations are dwindling at an alarming rate. Large commercial fishing vessels take more than my waters can replenish, pushing species to the brink of extinction.

3. Oil spills and Chemical waste :

My waters are poisoned by oil spills, industrial waste, and agricultural runoff. Heavy metals and toxic chemicals seep into my depths, harming marine life and contaminating the food chain.

4. Destruction of Coastal Habitants :

Mangroves, seagrasses, and wetlands acts as natural barriers against storms and flooding, but they are being cleared for construction, tourism, and industry.

How you can save me :-

I do not ask for much - only that you treat me with care and respect I deserve. Here are ways you can help :

1. Reduce plastic usage :

- Say no to single-use plastics.
- Carry reusable bags, bottles, and containers.
- Properly dispose of waste and support recycling efforts.

2. Reduce chemical pollution :

- Limit the use of harmful fertilizers and pesticides.
- Properly dispose of hazardous waste like motor oil, paint, and batteries.
- Support companies that use environment-friendly production methods.

Protect Marine Habitats:

- Avoid damaging coral reefs by not touching or stepping on them.
- Conserve energy by using energy-efficient appliances.
- Support marine protected areas that safeguard vulnerable species.
- Support renewable energy sources like wind or solar power.

A Future Without Me?

Imagine a world where my waters are barren, my shores lifeless, and my waves silent. Without me, your climate will become extreme, your food sources will dwindle, and your coastal cities will be swallowed. The beauty and wonder of the oceans will be nothing more than a distant memory.

But it is not too late. If you take action now, I can heal, My waters will become clear again, my creatures can thrive, and my waves can continue their eternal dance. I hope you understand that by saving me, you are protecting yourselves.

I have been your silent guardian for centuries,
Now I ask you to be mine.

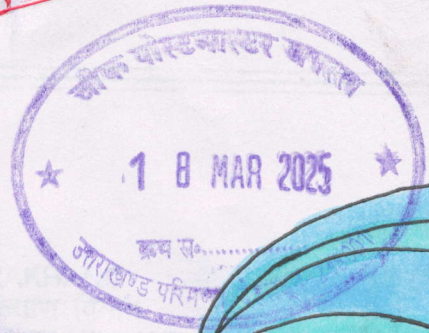
Our ocean, our obligation, our opportunity.

With hope
The Ocean

Name - Phalguni Rathore
Class - A 9th 'B'
Address - Kendriya Vidyalaya
No. 2 N.T.P.C. Korba



96
100



Name - Ananya Rajput

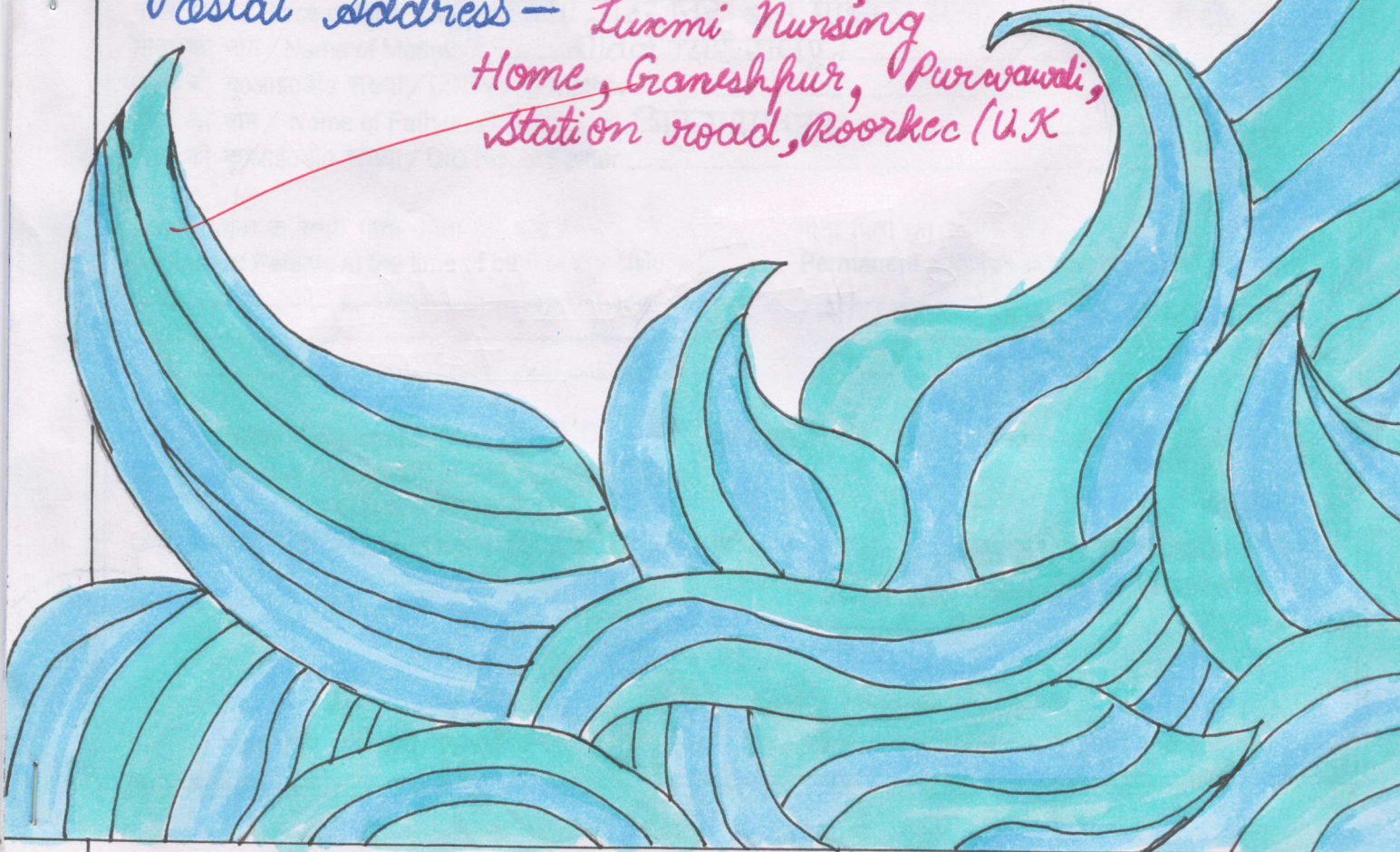
Date of Birth - 07/Dec/2010

Sex - Female

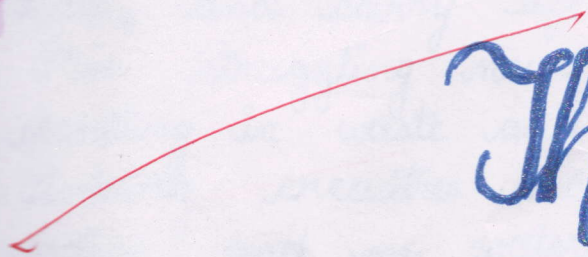
Father's Name - Mr. Ankur Rajput

School - Adarsh Bal Niketan Senior
Secondary School I.I.T Roorkee
Uttarakhand

Postal Address - Luxmi Nursing
Home, Graneshpur, Purrawadi,
Station road, Roorkee (U.K)



Imagine
You Are
The
Ocean



L/O Luxmi Nursing Home
Near, Gangnagar Thana Purrawali
Ganeshpur Roorkee (Uttarakhand)

16. March. 2025

Dear Humans,

I am the ocean vast, powerful, beautiful, an ancient existence that covers over 70% of your planet. I am home to countless species, endless beauty, provide you with food and regulate your climate. Many creatures live inside me from tiny fish to giant whales. I carry the secrets of the earth, the songs of the whales and the stories of ancient sailors. "I connect continents with my waters, sculpt shorelines with my tides, and carry life with my current." However I'm struggling now. I am choking on plastic, drowning in waste and suffering from pollution. My once thriving creatures are disappearing, my corals are fading and my waters are warming. I am in distress and I need your help to thrive. I yearn for your care, for your touch to heal my wounds. Here are some ways you can take good care of me and why it is essential:

1. Reduce Plastic Use

One of the most pressing threats I face is the pollution of plastic. Each year, millions of tons of plastic make their way into my waters, harming marine life and breaking down into microplastic that affects the entire food chain. By reducing your reliance on single-use plastics, reusing and recycling, and supporting policies that limit plastic production, you can lessen the burden on me.

2. Reduce Chemical Runoff

Fertilizers, pesticides, and household chemicals often make their way into rivers and streams, eventually reaching me. These chemicals disrupt my ecosystems, causing algal blooms that deplete oxygen and kill marine life. By choosing organic alternatives, minimizing chemical use, and properly disposing of hazardous substances you can prevent harmful runoff from entering my waters.

3. Reduce Carbon Footprint

The increasing temperatures caused by human activity are raising my water temperature, causing coral reefs to bleach and threatening countless marine species. By reducing your carbon footprint — using renewable energy, driving less, and consuming responsibly — you can help slow the effects of climate change and me the chance to recover.

4. Protect Coastal Ecosystem

The health of my shores and the ecosystem within them like mangroves, salt marshes, and seagrass beds — is vital to my well-being. These areas act as buffers against storms and provide habitat for many species. By supporting the protection and restoration of these coastal environments, you help preserve not only my shores but also the biodiversity that depends on them.

5. Support Sustainable Fisheries

I provide food for billions of people around the world. However, overfishing and unsustainable fishing practices have caused severe depletion of my fish stocks. By supporting sustainable fishing practices and making informed choices

about the seafood you consume, you can help preserve the delicate balance of my ecosystem.

6. Be Mindful of Water Consumption

Freshwater is scarce, and much of it eventually makes its way to me, affecting my salinity levels. By conserving water in your daily life — taking shorter showers, fixing leaks, using water-efficient appliances — you can help ensure that the delicate balance of my water is not disturbed.

7. Show Respect for My Beauty

Visit my shores, swim in my waters, and marvel at my creatures. But do so with awareness. Leave nothing behind but footprints. Nature is fragile and so am I. The cleaner you leave me the more I can continue to provide for you and all the beings that rely on me.

8. Educate Yourself and Others

Learn about the importance of ocean conservation and share your knowledge with others to inspire action. You can start by reading books watching documentaries, or attending lectures about ocean conservation.

9. Take Part in Ocean Conservation Efforts

Whether it's participating in local clean-up events, supporting marine conservation organizations, or even just spreading awareness about the importance of protecting me, every effort counts. Small actions collectively lead to big change.

Climate Change and Marine Ecosystem: A Dire Warning

If you do not take care of me, the consequences will be worse. My waters will continue to warm, leading more frequent and severe heatwaves, droughts, and storms. My Marine life will continue to decline, leading to the loss of biodiversity and the collapse of ecosystem. My coastlines will continue to erode, leading to the displacement of coastal communities and the loss of infrastructure.

But it's not too late to make a change. By taking the steps outlined above, you can help me remain healthy and resilient. Together, we can ensure that I continue to provide for humanity for generations to come.

What Can You Do Today For Me

So what can you do today to help me?

- Make a pledge to reduce your plastic use.
- Make a sustainable lifestyle choices.
- Support organizations working to protect me.
- Educate yourself and others about ocean conservation.
- Use public transportation or walk/cycle whenever possible.
- Promote sustainable fishing practices.
- Reduce pollution.
- Use products that are sustainably sourced.
- Protect my creatures
- Share knowledge about the importance of ocean conservation
- Reduce your carbon emissions.
- Keep me clean

“No Water, No life. No blue, No Green.”

Working Together Creates Powerful Change.

I know that it can be overwhelming to think about the scale of the problems facing me. But I want to tell you that every small action you take can make a big difference. By working together, we can achieve great things.

For example, if every person in the world reduced their plastic use by just 10%, it would make a significant impact on the amount of plastic waste that ends up in my waters. Similarly, if every person in the world made a commitment to choose

Remember, I am not just a vast, impersonal body of water. I am the home to millions of creatures, from the tiniest plankton to the largest whales. I am the source of food, livelihood, and inspiration for so many. My well-being is directly linked to yours. When you take care of me, you are taking care of yourself and future generations.

Together, we can create a future where I continue to thrive providing for all of Earth's creatures, including you.

When you protect me, you protect yourself. I am your past, your present, and your future. Let's work together to keep our blue planet alive.

96 "The sea is as near as we come to another world."

With hope and crashing waves
The Ocean